

Quebex Natural Diet

This diet sheet applies only to a canine fed on a natural diet.

1. Feed adult animals one meal daily. All my puppies are fed twice/three times daily up to the age of 6 months when they are fed the same as an adult.

2. Do not leave food out between meals. (With the exception of a large bone to be chewed on.)

3. Give the dog a variety of food so that it does not become fussy. If the food has not been eaten within 20 minutes, then remove it and offer it at the next scheduled mealtime. A dog will not starve itself to death. They will soon learn that if the food is not eaten when offered then they will have to go without. The dog may not eat because it is just not hungry which is quite common when fed on a natural diet, as long as the dog does not seem ill in any way (vomiting, diarrhea or seems out of sorts) don't panic. The dog is the best judge as to what and how much it needs to eat to be healthy.

4. The natural diet that I feed is comprised of 60% raw meaty bones, 30% green tripe, meat minces and offal (raw liver, heart etc.) and the rest is comprised of raw fish (mackerel, herring, sardines etc.), Nature diet, vegetables and fruit and selected leftovers from the dinner table. (Nothing spicy or salty). I also add Organic Herbal Tonic, which is added to a bowl feed. (Ideally this should be added on a daily basis and can be purchased from me.) Three oils (cod liver oil, wheat germ oil and evening primrose oil). This need only be included once or twice a week, depending on whether or not fish has been fed that week. Lastly, Apple Cider Vinegar, which should be given daily. Either in water or bowl feed, depending on preference. (Details on sheet provided.)

5. Keep your puppy lean. The fewer fat cells they carry at this stage means they are less likely to be obese as adults and of course excess weight puts a strain on their growing joints and bones.

6. **Do Not** base the diet on commercial foods, raw steaks, calcium supplements or anything containing EEC permitted antioxidants and preservatives.

7. Don't overdo any exercise be sensible. Exercise according to age and capability.

8. Make sure they have a good supply of fresh water and fresh air.

9. Their diet should be balanced out over time, not at every mealtime. Remember the dog descends from the wolf, which is an opportunist and scavenger; they would not sit down to a balanced meal every day.

10. Fast the adult dog (one year old upwards), at least once a fortnight, if not once a week. This will give the bowel a rest and a chance for their system to clear itself. (If you had to work seven days a week, 365 days a year you would be tired)

11. Your dog should be fed according to its weight, condition and general health. Every dog is different. Some dogs have larger appetites than others and will easily put on weight if not watched.

12. **NEVER, NEVER** feed cooked bones to your dog.

13. **NEVER** feed chocolate, sugar or anything spicy as this can be toxic to a dog.

The above is a guide, but if you're ever unsure of anything, call me. Remember, if you have bought a Quebex Rottweiler puppy, it will have known no other diet and all my dogs are happy and healthy and rarely do they need to visit the vets. Whatever advice you

listen to from other sources, ask yourself

- A. Why on earth would the breeder of my puppy advise me to do anything that would harm my new baby?
- B. When I visited Mrs. Harvey was I not impressed by the look of all her other dogs and wasn't this one of the reasons I wanted a Quebex puppy?
- C. Who would know what was best for my puppy? Mrs. Harvey or a complete stranger, who probably hasn't the faintest idea what they are talking about.
- D. A dog descends from the wolf. You would not see a wolf eating dried kibble, when he could be chewing on a nice meaty bone.

Here is a recipe for patties. These can be frozen and removed when needed to save time. To every 2lb of meat add 1lb of vegetables. (Veggies should be broken down, small as possible, so they can be digested)

Raw lean mince

Vegetable pulps preferably a variety. (Carrots, cabbage, broccoli, sweet potatoes, spinach etc.)

1 small tub of Natural yogurt, which replaces good bacteria in the gut.

4 eggs raw and preferably free range

A large piece of liquefied lambs' liver

Garlic to repel fleas and parasites.

Mould into appropriate sizes and freeze, defrost and feed at room temp.

For your dogs diet you will need a good supply of raw meaty bones. Find a local butcher and ask him for anything he gives up to the bone man. It is from here I get a good supply of lamb bones. I would recommend you feed your puppy chicken carcasses or chicken wings, as they are softer and easier for a young puppy to handle. This is where he will get most of his calcium and phosphorus for strong healthy bones and teeth.

Tripe and meat minces come from **Landywood Pet Foods** that are very helpful and will deliver to your door, the only stipulation they have is that you must spend a minimum of £50. Link on my website, or details are

Landywood Pet Foods

D.E.F.R.A. Registered

Manufacturers and Suppliers of Fresh and Frozen British Meats

26 Riverside, Power Station Road, Rugeley, Staffordshire, WS15 2YR
Tel 01889 577772, Fax 01889 577724

WHOLESALE CASH AND CARRY PRICES AVAILABLE ON REQUEST

Nature Diet is the only cooked food I give my dogs (apart from leftovers from our dinner). They also deliver to your door. Their phone number is 01428 685050 and again these people are very helpful.

If you live near to me I can tell you where to get chicken carcasses and chicken wings at a very reasonable rate £3 for a 30lb box of carcasses, £4.50 for a 30lb box of chicken wings.

Obviously the only set back is that you must have adequate freezer space to store these. Nature Diet comes in sealed containers and, until opened, do not need to be refrigerated. The overwhelming bonuses are that, in the long run, it will work out cheaper for you to feed this way. Dogs actually eat less as the diet is so much more nutritious and the vet's fees will be kept to a minimum, as your dog will suffer fewer ailments. They excrete less as they absorb more and what they do excrete is easy to pick up and has fewer odors.

Your shopping list should therefore read:

Raw minced meat and/or tripe (minces are lamb, rabbit, turkey, beef, chicken).

Liver (lamb or ox)

Plenty of raw meaty bones especially chicken and lamb (marrow bones are fine for entertainment)

Vegetables, which must be pulped so that they can be easily digested. (Raw whole carrots are also good for chewing on or whole apples if your dogs like them. Mine have an apple each every morning).

Eggs (free range if possible)

Organic Herbal Tonic (details from me).

Natural BioYogurt

Apple Cider Vinegar, this must be organic for best results (details from me).

And Nature Diet.

All of the above should be fed to your dog at various times and it is essential that your dog gets plenty of RAW MEATY BONES ALL OF IT'S LIFE.

REMEMBER YOUR DOG IS WHAT IT EATS - JUST LIKE YOU. FEED NATURALLY AND YOU SHOULD HAVE A HEALTHY SATISFIED CANINE COMPANION.

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